



2025  
Calendar

# THE POWER OF SILENCE



**SAMADHAN**  
Delhi High Court Mediation  
and Conciliation Centre

*Silence is the language of God;  
it speaks to the soul.”*

Rumi

In an age where the noise of daily life can be overwhelming, silence emerges as a sanctuary. It is in the quiet moments that we often find clarity and peace.

Mediation, on the other hand, serves as a bridge to resolve conflicts and foster harmony. It is a process where a neutral third party helps disputing parties find common ground and reach a mutually satisfactory agreement. The essence of mediation lies in its ability to transform adversarial interactions into collaborative dialogues.

Together, silence and mediation embody the principles of patience, mindfulness and compassion. In silence, we find the space to mediate effectively and through mediation, we create the peace that silence brings.

The Annual Calendar of Samadhan is a vital accessory available in every room of Samadhan. Often, emotionally charged conflicting parties find a way to resolve disputes while turning pages of Samadhan's Calendar. It helps in breaking a stalemate. I am sure this year's Calendar too is going to give insights to the conflicting parties to have strategic pauses and to allow greater ideas to sink in, having immense impact with stimulating creativity. It can help them unlock a locked situation with a meaningful and timely silence.



**Justice Manmohan**  
Chief Justice, Delhi High Court  
Patron, Samadhan

*“The right word may be effective but no word was ever as effective as a rightly timed pause.”*

Mark Twain

## PREFACE

Silence is an incredible tool in conflict resolution. Its effect is determined as to how it is used and where. It can be a tool or a weapon. It can be used to keep secrets or can work as a punishment. Silence can cause a problem and can solve it too.

The true meaning of the language of silence lies not in exclusion but in inclusion, not in cutting off from people but in finding a deeper level of communication. Silence conveys a wordless message and has its own subtle yet resonant vocabulary. It is not the absence of sound but the presence of meaning.

Silence in conflict does not mean disengagement. It is a conscious choice to pause communication to allow for reflection and de-escalation. Silence reflects processing the situation and not reacting impulsively. This creates an environment where conflicting parties approach the conflict with a clearer mind.

The effectiveness of silence in conflict resolution hinges on timings. Knowing when to pause and reflect rather than respond can prevent the escalation of conflict. If emotions are running high, a well-timed silence can rescue as a circuit breaker, interrupting the pattern of heated exchange

and allowing cooler heads to prevail. It is crucial to monitor the situation and discern when silence could be beneficial as opposed to when it might be perceived as neglectful.

Silence leads to reflection, which can lead to constructive conversation and pave the way for mutual understanding. Recognizing when and how silence can serve as a powerful tool in managing and transforming conflict, helps enhance communication skills and guides conflicting parties to navigate towards resolution.

Silence is a state of quietude that creates a safe environment for constructive dialogue. It is not about ignoring the other person, but about creating space where solutions can emerge from calm and considered thought.

As mediators at Samadhan, we incorporate moments of silence as a tool for resolution. Often we find insights in these quiet moments that might be lost in noise.

**Veena Ralli**

Organising Secretary

**Justice Navin Chawla**

Chairman, Overseeing Committee



SAMADHAN

Court Holidays

1: New Year's Day

2, 3,4: Local Holidays

6: Guru Gobind Singh's Birthday


11: Second Saturday

25: Fourth Saturday

26: Republic Day

JANUARY

M	13	27
T	14	28
W	1	15 29
Th	2	16 30
F	3	17 31
Sa	4	18
Su	5	19
M	6	20
T	7	21
W	8	22
Th	9	23
F	10	24
Sa	11	25
Su	12	26



The quieter you  
become, the more  
you can hear.



SAMADHAN

Court Holidays

8: Second Saturday

22: Fourth Saturday

26: Maha Shivaratri

FEBRUARY

M	10	24
T	11	25
W	12	26
Th	13	27
F	14	28
Sa	1	15
Su	2	16
M	3	17
T	4	18
W	5	19
Th	6	20
F	7	21
Sa	8	22
Su	9	23

The best answer  
to anger is silence.





SAMADHAN

Court Holidays

8: Second Saturday

13: Local Holiday

14: Holi

15: Local Holiday

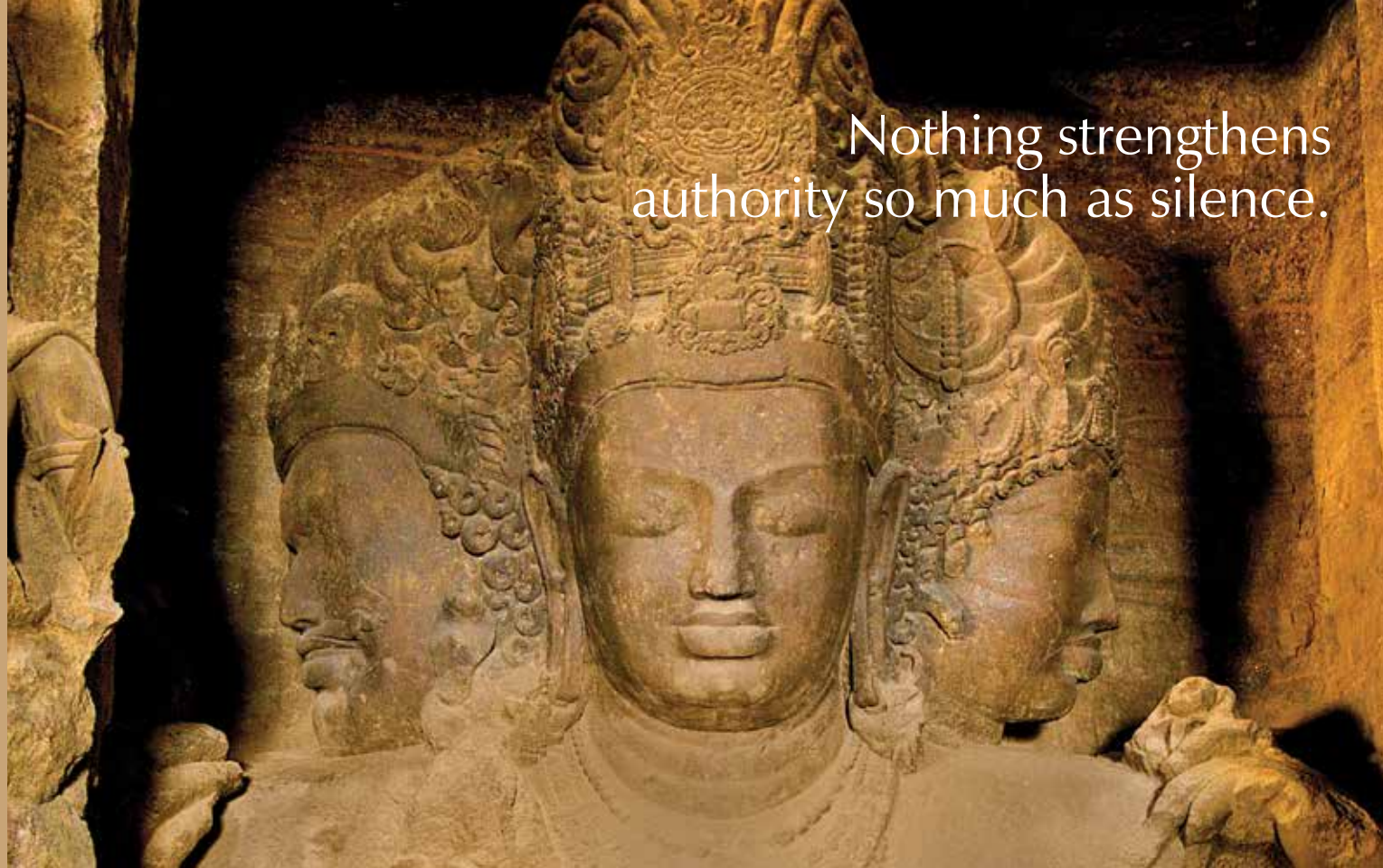
22: Fourth Saturday

31: Id-ul-Fitr

MARCH

M	10	24
T	11	25
W	12	26
Th	13	27
F	14	28
Sa	1	15 29
Su	2	16 30
M	3	17 31
T	4	18
W	5	19
Th	6	20
F	7	21
Sa	8	22
Su	9	23

Nothing strengthens  
authority so much as silence.





SAMADHAN

Court Holidays

- 6: Ram Navami
- 10: Mahavir Jayanti
- 11: Local Holiday
- 12: Second Saturday
- 18: Good Friday
- 19: Local Holiday
- 26: Fourth Saturday

APRIL

M	14	28	
T	1	15	29
W	2	16	30
Th	3	17	
F	4	18	
Sa	5	19	
Su	6	20	
M	7	21	
T	8	22	
W	9	23	
Th	10	24	
F	11	25	
Sa	12	26	
Su	13	27	



It is more noble  
by silence to avoid  
an injury than  
by argument to  
overcome it.



SAMADHAN

Court Holidays

10: Second Saturday

12: Buddha Purnima

24: Fourth Saturday

MAY

M	12	26	
T	13	27	
W	14	28	
Th	1	15	29
F	2	16	30
Sa	3	17	31
Su	4	18	
M	5	19	
T	6	20	
W	7	21	
Th	8	22	
F	9	23	
Sa	10	24	
Su	11	25	

Once you've matured,  
you realize silence is more  
powerful than proving a point.







Court Holidays

2-30: Summer Vacation

7: Id-ul-Zuha (Bakr-Id)

JUNE

M	9	23	
T	10	24	
W	11	25	
Th	12	26	
F	13	27	
Sa	14	28	
Su	1	15	29
M	2	16	30
T	3	17	
W	4	18	
Th	5	19	
F	6	20	
Sa	7	21	
Su	8	22	

Speech is a river.  
Silence is an ocean.





SAMADHAN

Court Holidays

6: Muharram

12: Second Saturday

26: Fourth Saturday

JULY

M 14 28

T 1 15 29

W 2 16 30

Th 3 17 31

F 4 18

Sa 5 19

Su 6 20

M 7 21

T 8 22

W 9 23

Th 10 24

F 11 25

Sa 12 26

Su 13 27



Silence can protect  
a beautiful relation, but too  
much can create distance in it.



SAMADHAN

Court Holidays

9: Raksha Bandhan  
15: Independence Day  
16: Janmashtami  
23: Fourth Saturday

AUGUST

M	11	25	
T	12	26	
W	13	27	
Th	14	28	
F	1	15	29
Sa	2	16	30
Su	3	17	31
M	4	18	
T	5	19	
W	6	20	
Th	7	21	
F	8	22	
Sa	9	23	
Su	10	24	

Silence  
creates balance.





SAMADHAN

Court Holidays

5: Milad-Un-Nabi  
(Birthday of Prophet Mohammad)

6: Local holiday

13: Second Saturday

27: Fourth Saturday

29: Local holiday

30: Mahashtami

# SEPTEMBER

M 1 15 29

T 2 16 30

W 3 17

Th 4 18

F 5 19

Sa 6 20

Su 7 21

M 8 22

T 9 23

W 10 24

Th 11 25

F 12 26

Sa 13 27

Su 14 28



Silence is a true art;  
it teaches us to speak  
without words.



SAMADHAN

Court Holidays

- 1: Local Holiday
- 2: Mahatma Gandhi's Birthday and Dussehra
- 3: Local Holiday
- 7: Maharishi Valmiki's Birthday
- 11: Second Saturday
- 18: Local Holiday
- 20: Diwali
- 21: Local Holiday
- 22: Govardhan Puja
- 23: Bhai Duj
- 24: Local Holiday
- 25: Fourth Saturday

OCTOBER

M	13	27
T	14	28
W	1	15 29
Th	2	16 30
F	3	17 31
Sa	4	18
Su	5	19
M	6	20
T	7	21
W	8	22
Th	9	23
F	10	24
Sa	11	25
Su	12	26



Listen to silence,  
it has so much to say.



SAMADHAN

Court Holidays

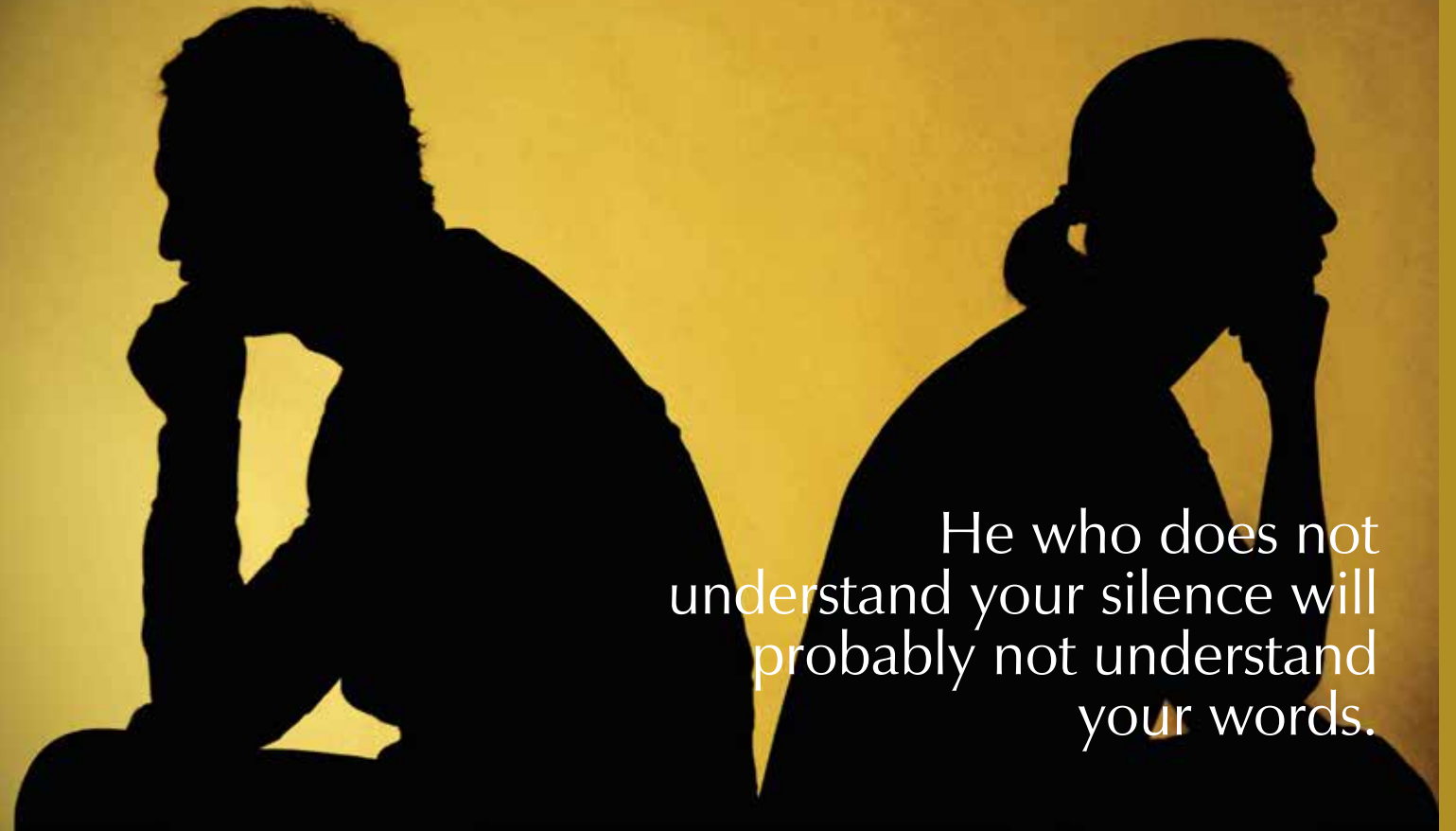
5: Guru Nanak's Birthday

8: Second Saturday

22: Fourth Saturday

# NOVEMBER

M	10	24
T	11	25
W	12	26
Th	13	27
F	14	28
Sa	1	15 29
Su	2	16 30
M	3	17
T	4	18
W	5	19
Th	6	20
F	7	21
Sa	8	22
Su	9	23



He who does not  
understand your silence will  
probably not understand  
your words.




Court Holidays

13 Second Saturday  
25: Christmas Day  
27 Fourth Saturday  
29-31: Winter Vacation

# DECEMBER

M	1	15	29
T	2	16	30
W	3	17	31
Th	4	18	
F	5	19	
Sa	6	20	
Su	7	21	
M	8	22	
T	9	23	
W	10	24	
Th	11	25	
F	12	26	
Sa	13	27	
Su	14	28	



In silence, we often  
find solutions to  
problems we can't solve  
in any other way.



**SAMADHAN**

DELHI HIGH COURT MEDIATION  
AND CONCILIATION CENTRE

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Chief Justice, Delhi High Court

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