



SAMADHAN
Delhi High Court Mediation
and Conciliation Centre

Calendar 2023: A selection of aphorisms on the theme

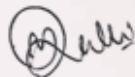
APOLOGY AND FORGIVENESS

In mediation, “I’m sorry” and other similar expressions of regret are not ordinary words. They pave the way for more fruitful dialogue and create a positive environment for collaboration without making specific admissions of liability. Similarly, true forgiveness is an equally therapeutic aspect of collaborative reconciliation. Therefore as mediators we believe only mediation can provide the parties a safe environment to acknowledge and forgive mistakes. Together ‘apology’ and ‘forgiveness’ often become the heart and soul of the transformative journey of mediation.

In long-standing conflicts, the parties establish a negative pattern of interaction in which they are more focused on establishing their rights against each other than on reconciliation. When disputants come traumatised and feel victimised, even fair financial compensation may not end the conflict. This pattern is hard to break and results in painful emotions for both sides that ends in non-settlements.

Over the last 16 years, mediators at Samadhan have mastered the skills of conflict management and dispute resolution. They deal with parties who ignore the potential of apology and forgiveness and lawyers who shrug off a client’s willingness for an apology or forgiveness as secondary to the goal of more tangible monetary or injunctive relief. While an apology or forgiveness may not be a direct substitute for monetary compensation, they can often empower parties in driving them closer to resolution and creating a situation where they are no longer committed to their stances as the accuser and the accused.

Samadhan believes that if mediators are equipped to help disputants in using apology and forgiveness and, if lawyers support this approach, it will lead to a transformative process of human healing and consequently a more harmonious society. This calendar illustrates it.



Veena Ralli
Organising Secretary



Justice Manmohan
Chairman, Overseeing Committee

Preface





JANUARY

Court Holidays

- 1: New Year's Day
- 2 & 3: Local Holidays
- 14: Second Saturday
- 26: Republic Day
- 28: Fourth Saturday

M	9	23
T	10	24
W	11	25
Th	12	26
F	13	27
Sa	14	28
Su	1	15 29
M	2	16 30
T	3	17 31
W	4	18
Th	5	19
F	6	20
Sa	7	21
Su	8	22



The weak can never forgive. Forgiveness is the attribute of the strong.

Mahatma Gandhi



SAMADHAN

Court Holidays

11: Second Saturday

18: Maha Shivaratri

25: Fourth Saturday

FEBRUARY

M 13 27

T 14 28

W 1 15

Th 2 16

F 3 17

Sa 4 18

Su 5 19

M 6 20

T 7 21

W 8 22

Th 9 23

F 10 24

Sa 11 25

Su 12 26



Never ruin an apology
with an excuse

Benjamin Franklin



MARCH

Court Holidays
8: Holi
11: Second Saturday
25: Fourth Saturday
30: Ram Navami
31: Local Holiday

M	13	27
T	14	28
W	1	15 29
Th	2	16 30
F	3	17 31
Sa	4	18
Su	5	19
M	6	20
T	7	21
W	8	22
Th	9	23
F	10	24
Sa	11	25
Su	12	26

Apologies are not meant
to change the past; they are meant
to change the future.





Court Holidays

1 & 3: Local Holidays

4: Mahavir Jayanti

7: Good Friday

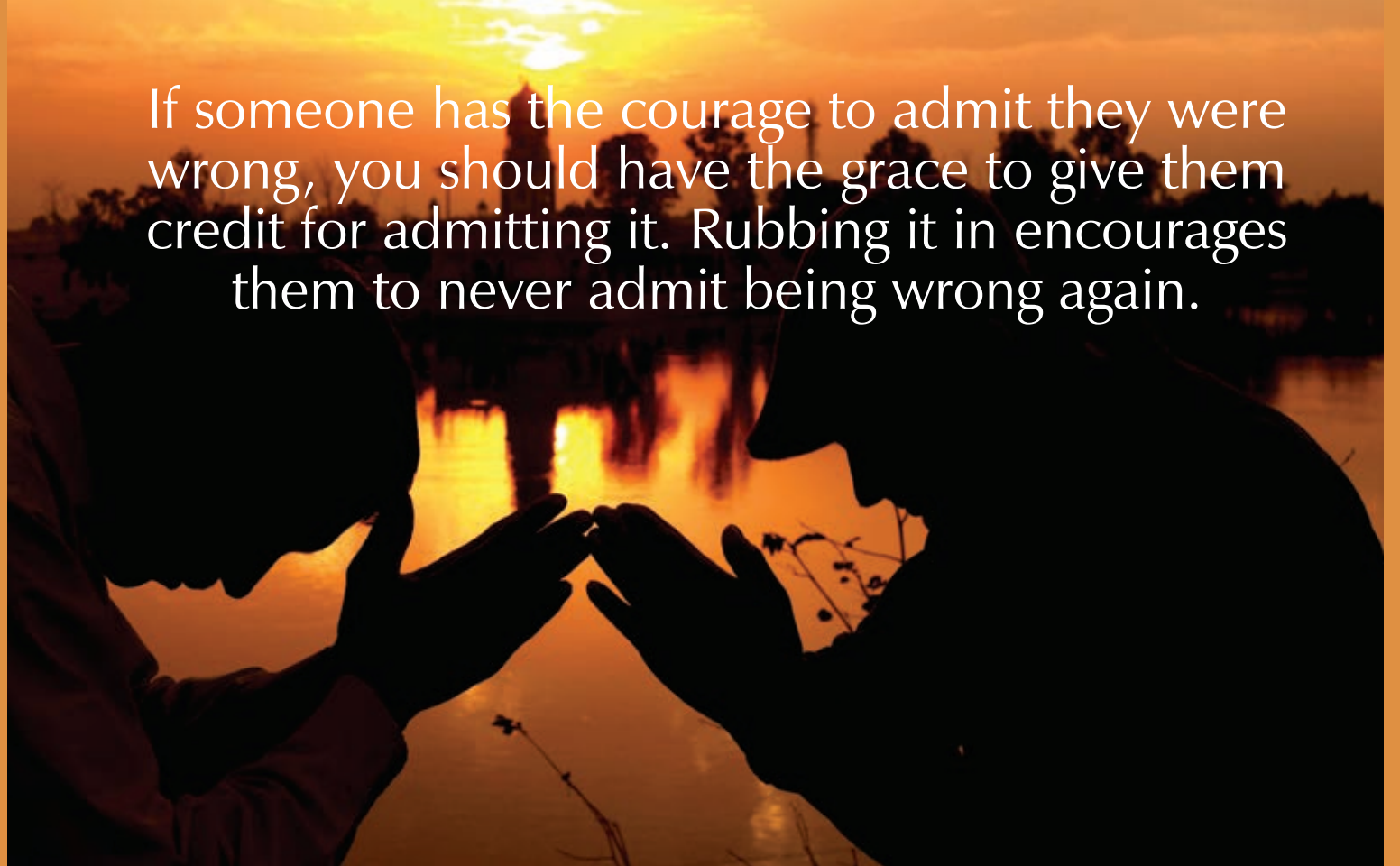
8: Second Saturday

22: Idu'l Fitr

APRIL

M	10	24
T	11	25
W	12	26
Th	13	27
F	14	28
Sa	1	15 29
Su	2	16 30
M	3	17
T	4	18
W	5	19
Th	6	20
F	7	21
Sa	8	22
Su	9	23

If someone has the courage to admit they were wrong, you should have the grace to give them credit for admitting it. Rubbing it in encourages them to never admit being wrong again.





MAY

Court Holidays

5: Buddha Purnima

13: Second Saturday

27: Fourth Saturday

M	1	15	29
T	2	16	30
W	3	17	31
Th	4	18	
F	5	19	
Sa	6	20	
Su	7	21	
M	8	22	
T	9	23	
W	10	24	
Th	11	25	
F	12	26	
Sa	13	27	
Su	14	28	

Apologizing does not mean
you're wrong and the other person is right.
It just means you value your relationship
more than your ego.





Court Holidays

3-30: Summer Vacation
29: Idu'l Zuha (Bakr Id)

JUNE

M	12	26	
T	13	27	
W	14	28	
Th	1	15	29
F	2	16	30
Sa	3	17	
Su	4	18	
M	5	19	
T	6	20	
W	7	21	
Th	8	22	
F	9	23	
Sa	10	24	
Su	11	25	

A happy
marriage is the
union of two
forgivers.





Court Holidays
8: Second Saturday
22: Fourth Saturday
29: Muharram

JULY

M	10	24
T	11	25
W	12	26
Th	13	27
F	14	28
Sa	1	15 29
Su	2	16 30
M	3	17 31
T	4	18
W	5	19
Th	6	20
F	7	21
Sa	8	22
Su	9	23

Forgiveness is the fragrance
that the violet sheds on the
heel that has crushed it.





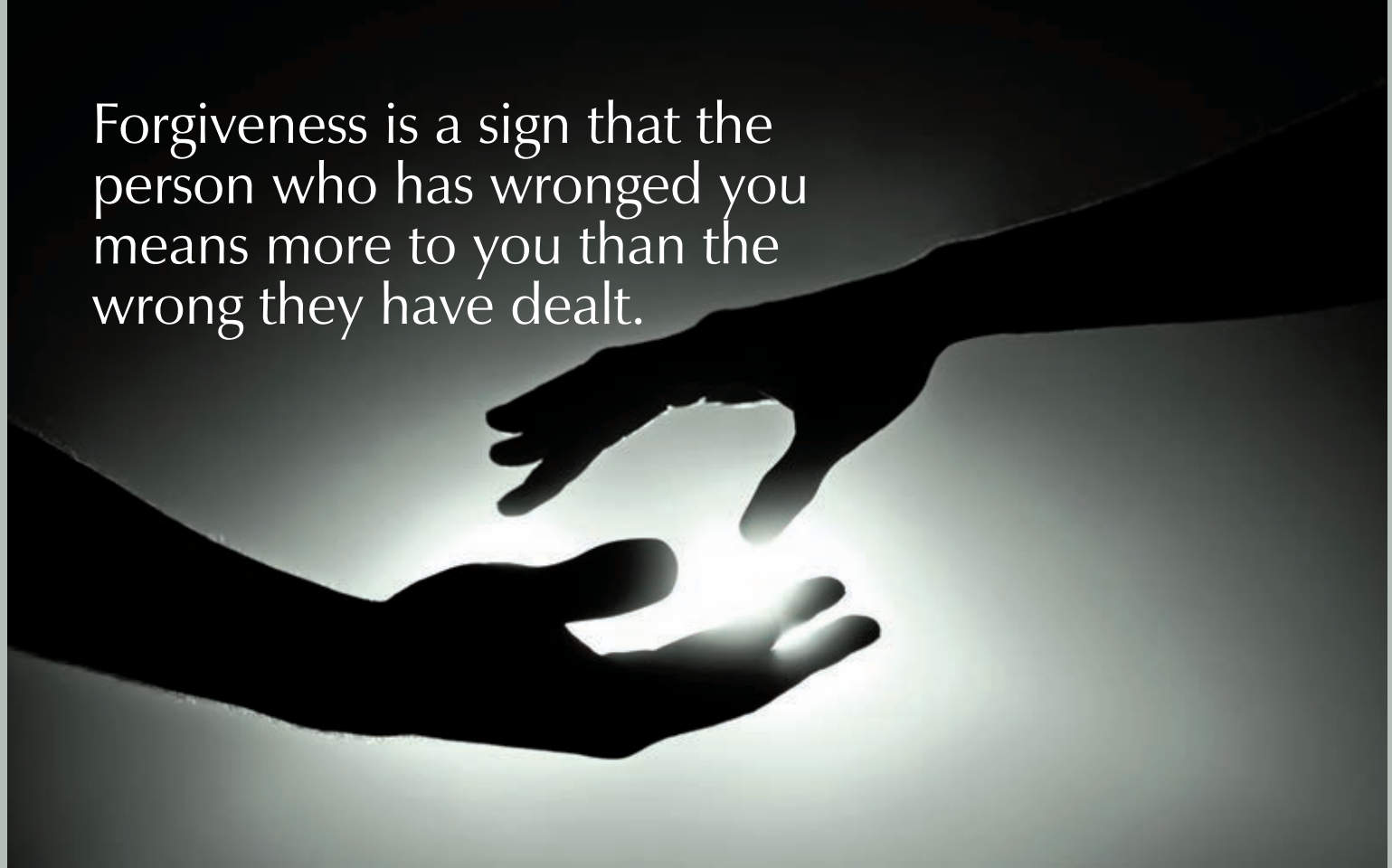
Court Holidays

12: Second Saturday
15: Independence Day
26: Fourth Saturday
30: Raksha Bandhan

AUGUST

M	14	28	
T	1	15	29
W	2	16	30
Th	3	17	31
F	4	18	
Sa	5	19	
Su	6	20	
M	7	21	
T	8	22	
W	9	23	
Th	10	24	
F	11	25	
Sa	12	26	
Su	13	27	

Forgiveness is a sign that the person who has wronged you means more to you than the wrong they have dealt.





SAMADHAN

Court Holidays

7: Janmashtami

9: Second Saturday

23: Fourth Saturday

28: Milad-Un-Nabi

(Birthday of Prophet Mohammad)

29 & 30: Local Holidays

SEPTEMBER

M	11	25	
T	12	26	
W	13	27	
Th	14	28	
F	1	15	29
Sa	2	16	30
Su	3	17	
M	4	18	
T	5	19	
W	6	20	
Th	7	21	
F	8	22	
Sa	9	23	
Su	10	24	

Holding on to anger
is like grasping a hot
coal with the intent of
throwing it at someone
else; you are the one
who gets burned.

Buddha



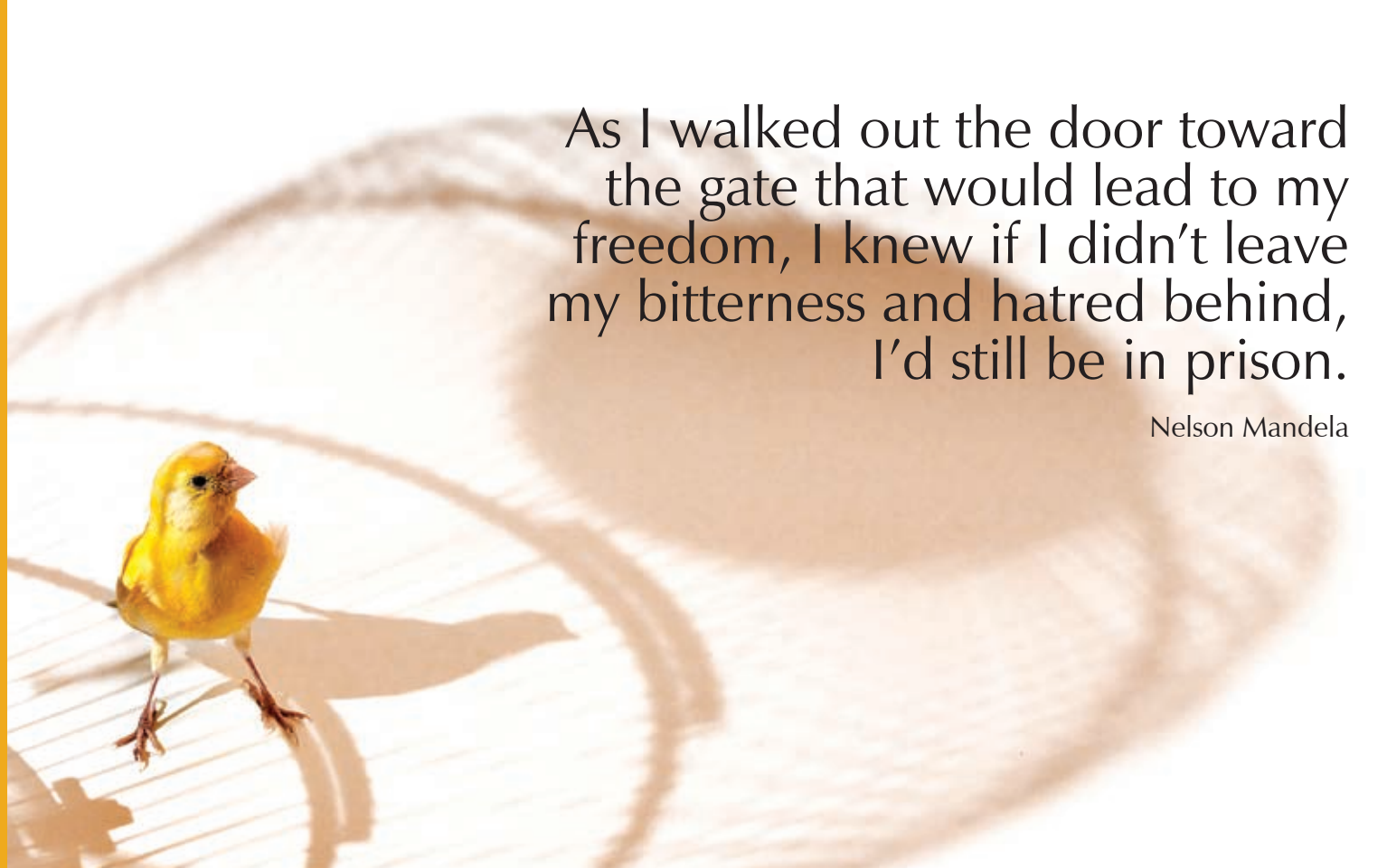


Court Holidays

- 2: Mahatma Gandhi's Birthday
- 14: Second Saturday
- 22: Maha Ashtami
- 23 & 25-27: Local Holidays
- 24: Dussehra (Vijaydashami)
- 28: Maharishi Valmiki's Birthday

OCTOBER

M	9	23
T	10	24
W	11	25
Th	12	26
F	13	27
Sa	14	28
Su	1	15 29
M	2	16 30
T	3	17 31
W	4	18
Th	5	19
F	6	20
Sa	7	21
Su	8	22



As I walked out the door toward
the gate that would lead to my
freedom, I knew if I didn't leave
my bitterness and hatred behind,
I'd still be in prison.

Nelson Mandela



NOVEMBER

M	13	27	
T	14	28	
W	1	15	29
Th	2	16	30
F	3	17	
Sa	4	18	
Su	5	19	
M	6	20	
T	7	21	
W	8	22	
Th	9	23	
F	10	24	
Sa	11	25	
Su	12	26	

Court Holidays

- 11: Second Saturday
- 12: Diwali (Deepavali)
- 13: Govardhan Puja
- 14: Local Holiday
- 15: Bhai Duj
- 25: Fourth Saturday
- 27: Guru Nanak's Birthday

Forgiveness is the needle that knows how to mend.





SAMADHAN

Court Holidays

9: Second Saturday

23: Fourth Saturday

25: Christmas Day

26-31: Winter Vacation

DECEMBER

M	11	25	
T	12	26	
W	13	27	
Th	14	28	
F	1	15	29
Sa	2	16	30
Su	3	17	31
M	4	18	
T	5	19	
W	6	20	
Th	7	21	
F	8	22	
Sa	9	23	
Su	10	24	

The practice of forgiveness is
our most important contribution
to the healing of the world.

FOR

GIVE

TO

FOR

GET





SAMADHAN

DELHI HIGH COURT MEDIATION
AND CONCILIATION CENTRE

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